

CATALYST

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Study Guide

CATCH UP ON LIFE

TOPICS OF CONVERSATION: Sports, Music, Homework, Clubs, Family, and Life Events

GROUP ACTIVITIES/ICEBREAKERS

See Activity Descriptions at www.catalystmvmt.com/activities

- Identity Crisis
- Two Truths And A Lie
- Coat Of Arms
- Spider Web

CHECKOUT THE CONTENT

Young & Free Talk Session #2

Key Scripture: 1 Corinthians 13, Ephesians 2:10

Key Characters: Love, You, and the People all around You.

Big Points:

- YOU as a person are **bankrupt** without **Love**.
- FAITH is key to loving yourself, and loving **others** well.
- Love is ACTION fueled by **KINDNESS** and **UNDERSTANDING**.
- **Nobody** cares about how much You know until they know how much you **CARE**.
- **Show somebody what it means to live Young&Free in Christ.**

CREATE CONVERSATION

1. What is Love, and why is it important in our lives?
2. Have you ever met someone who was extraordinary at loving people? How could you tell they were different?
3. What are some ways that you can express the love of Christ to those around you? Be specific!
4. We all have situations where it's hard for us to love the other people/person. Can you think of one of those situations, and what could you do differently to show value to the other person/people in that situation?
5. Challenge: Do something radically loving for just ONE person this week. Make a new friend over lunch, buy a coffee for someone, or just have a conversation. Even writing encouraging notes and giving them to people can have a massive difference! Find some way to love those around you... and try to make it a habit EVERYDAY!
6. What do you have questions about...life, faith, family, etc.?